DARBARI LAL DAV MODEL SCHOOL

BN - BLOCK, SHALIMAR BAGH, DELHI – 110 088 (Affiliated and Accredited to CBSE)

# HOLIDAYS HOMEWORK

SUMMER BREAK (22nd MAY 2023 TO 2nd JULY 2023)

CLASS - II

"Summer time, Summer time", Let's go out and play. Time for fun and lots of sun Swimming to stay cool. Pillow fights and late night bites, An awesome break from school.

Dear Parents, Warm greetings! It's summer time, vacation time!

As our young learners relax at home. It is our utmost responsibility to engage and stimulate our young learners in positive and constructive activities, which make learning fun. The summer fun activities designed intend to sensitize the children at the foundational stage towards the goals of sustainable development. So guide, motivate and facilitate your child in doing following activities.

#### ACTIVITY 1: FITNESS FIRST



Kids of this age need physical activity to build strength, coordination, and confidence — and to lay the groundwork for a healthy lifestyle. Lead by example and help your child in following this fitness regime:

- 1. 10 Jumping Jacks.
- 2. 10 Stretches.
- 3. Touch your toes ten times.
- 4. Jump on one foot ten times.
- 5. Bounce a ball ten times.
- 6. Run in place ten times.
- 7. March in place ten times.
- 8. Ten knee lifts.
- 9. Ten Arm curls.
- 10. Twist side to side ten times.

Practice Yoga while watching the video on the link given below:

Link: <u>https://www.youtube.com/watch?v=\_eCHrcq5wRY</u>

# ACTIVITY 2: GRATITUDE BIRD

Gratitude (thank you) is a powerful catalyst for happiness. It is the healthiest human emotion. Let's make our children learn to be thankful for what they have, through this activity.

Children will make a **Bird** (as shown below).

They will make gratitude slips in the form of feathers for people or things that they're grateful for in their life.

For example:- thankful to mother for making their favourite food, thankful to father for bringing their favourite toy, thankful to siblings for helping them in their homework, thankful to grandparents for narrating them stories etc.

Then, they will add these feathers to the bird (as shown below).



## ACTIVITY 3: Flashcards



Children will make one flashcard each (8 inch by 8 inch, using cartridge sheet) on the topics assigned to them.

Roll. Numbers -1 to 15 -Naming words एक - अनेक शब्द Roll. Numbers -16 to 30 -Describing words विपरीत शब्द Roll. Numbers - 31 onwards - Action words पर्यायवाची शब्द

ACTIVITY 4 : READING TIME



Children become readers in the lap of their parents.

Here are a few tips and ideas to help children cultivate love for reading at home:

- > Let them hold the book and turn the pages as you read.
- > Invite them to read with you.

- > Let them finish the sentence, if reading with you.
- > Point the words as you read, so they associate words with reading.
- > Model reading for children.
- > Encourage them to read the pictures and talk about them.
- > Read the same 2-3 books everyday for a week, then switch.
- > Read to them daily.
- > Designate a Reading Time where the whole family sits and read.
- > Allow them to choose the books.
- > Talk about books after reading them.
- > Be excited about reading with your child, its contagious.

## Motivate your child to read the stories given below:

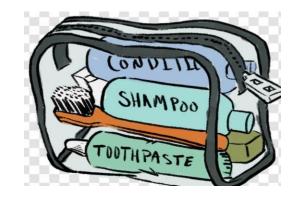
- The Hare and the Tortoise
- The Goose that laid Golden Eggs
- The Greedy Dog
- The Fox and the Grapes
- Who is Stronger?

Children will twist the end of any one story mentioned above and do the following:

- They will make 6-8 Story Cards (10cm x 10 cm) according to the story.
- > They will make two Face Masks of any two characters from the story and bring them when the school reopens.

# ACTIVITY 5:

# 1) Hygiene Kit



Having healthy habits and good hygiene is essential. Whether it's for school, home, or work, making a personal hygiene kit will help you everywhere you go.

Children will collect things, which help them to keep themselves clean like paper soap / hand wash, nail cutter, sanitizer etc. and keep in a box / pouch.

- b) First Aid kit -Students will make a small kit and keep things used for First Aid like cotton, Dettol, Band-aid ,Boroline etc.
- c) **Shoe polish kit** Students will make a kit and keep things used to polish the shoes like shoe polish, brush, shoe shiner and duster in it.

#### ACTIVITY 6: PICNIC DAY



During the summer vacations, arrange an indoor picnic with your child. Help your child in making an indoor tent house, decorate it. Let her/him arrange cookies, smileys ,sandwiches and prepare favorite milkshake. Now let them have fun and frolic in their tent house and enjoy the picnic.

Click the picture of this set-up, paste it in the english notebook and write 8-10 lines about the day.

#### ACTIVITY 7 : MASK MAKING



Make a colourful mask on the following topics according to your Roll Numbers.

Roll Numbers.

- 1 to 10 -Land Animals
- 11 to 20 Water Animals
- 21 to 30 Birds
- 31 to 40 Cartoon characters
- 41 onwards Emojis

# Activity 8 : Project -G-20



Children will make a scrapbook. They will paste/draw the logo of G-20 Summit on first page.

They will search for the following content on the Internet <mark>for the countries mentioned against their Roll numbers (as shared below).</mark> They will paste pictures and write about them in scrapbook.

- a) Prime Minister /President
- b) Flags
- c) Currency
- d) Famous personalities
- e) Famous places

Roll Numbers -

- > 1 to 5- Australia and Brazil
- > 6 to 10 Canada and China
- > 11 to 15- European Union and France
- > 16 to 20 Germany and India
- > 21 to 25 Indonesia and Italy
- > 26 to 30 Japan and Mexico
- > 31 to 35 Russia and Saudi Arabia
- > 36 to 40 South Africa and South Korea
- > 41 to 45 Turkey and UK
- > 46 onwards -USA and Argentina

#### Activity 9: Project -Unsung heroes of India

Children will paste the pictures of any 3 freedom fighters of any one state mentioned against their Roll numbers and write their contribution in the freedom of India **on** A-4 Sheet

- > R. No -1 to 7 Andhra Pradesh , Arunachal Pradesh, Assam, Bihar
- > 8 to 14 Chhattisgarh , Goa, Gujarat, Haryana
- > 15 to 21- Himachal Pradesh, Jharkhand Karnataka, Kerala
- > 22 to 28 Madhya Pradesh , Maharashtra, Manipur, Meghalaya
- > 29 to 35 Mizoram, Nagaland, Odisha, Punjab
- > 36 to 42 Rajasthan, Sikkim, Tamil Nadu, Telangana
- > 43 onwards Tripura, Uttar Pradesh , Uttarakhand , West Bengal

## NOTE FOR PARENTS:

The holiday's homework enhances achievements of your child by developing their personal skills, time management and improves family relationships. It teaches your child to work independently and improve her/his basic academic skills, such as reading, writing.

## A few suggestions:

- Spend quality time with your child.
- Help your child become independent by giving them responsibilities.
- Involve them in small household activities.
- Inculcate good manners, basic etiquettes and healthy habits in your child.