

DARBARI LAL DAV MODEL SCHOOL

BN - BLOCK, SHALIMAR BAGH, DELHI – 110 088
(Affiliated and Accredited to CBSE)

HOLIDAYS HOMEWORK

SUMMER BREAK (22nd MAY 2023 TO 2nd JULY 2023)

Class I



Summer summer
Let's give a cheer!
Summer summer
I'll meet you at the park.
Summer summer
Let's play up till dark.

Dear Parents,

Summer break is a vacation time students eagerly wait for. So, now is the time to unlock the days creatively making the most while at home.

To ensure that the children have a constructive holiday, holidays homework and projects have been given which will keep them active and observant. So, guide, motivate and facilitate them in doing the following activities:

Activity 1: Fitness First



Kids of this age need physical activity to build strength, coordination, and confidence — and to lay the groundwork for a healthy lifestyle. Lead by example and help your child in following this fitness regime:

1. 10 Jumping Jacks.
2. 10 Stretches.
3. Touch your toes ten times.
4. Jump on one foot ten times.
5. Bounce a ball ten times.
6. Run in place ten times.
7. March in place ten times.
8. Ten knee lifts.
9. Ten Arm curls.
10. Twist side to side ten times.

Practice Yoga while watching the video on the link given below:

Link: <https://www.youtube.com/watch?v=eCHrcq5wRY>

Activity 2 : Table Mat

Children will make a table mat like a chess board using coloured A3 sheet and write different words using sounds-ee, oo, ll, sh, ch and ck on it. Laminate the sheet.

shut	box	sheep	bunch
them	moth	fish	shop
chips	cheese	that	this
munch	crunch	chop	branch

Activity 3: Books are my best friends



Children become readers in the lap of their parents. Here are a few tips and ideas to help children cultivate love of reading at home:

- Let them hold the book and turn the pages as you read.
- Invite them to read with you.
- Let them finish the sentence, if reading with you.
- Point the words as you read, so that they associate words with reading.
- Model reading in front of the children.
- Encourage them to read the pictures and talk about them.
- Read the same 2-3 books everyday for a week, then switch.
- Read to them daily.
- Designate a Reading Time where the whole family sits and read.
- Allow them to choose the books.
- Talk about books after reading them.

Be excited about reading with your child, it is contagious. Motivate your child to read any 1 of the stories given below:

- The fox and the crow
- The clever monkey
- The lion and the mouse
- The ant and the dove
- The ugly duckling

Encourage her/him to **create their own story** and make 3-4 Story Cards based on their own imaginative story.

Activity 4 : All about me crown

Children will make a crown, color and decorate it. They will paste their picture and write few lines about themselves on it.

Activity 5 : Hot Air Balloon

Children will make a Hot air balloon and write 4 अक्षर वाले शब्द, आ मात्रा, इ मात्रा, ई मात्रा शब्द on each side of Hot air balloon.

<https://youtu.be/wfnOBXFc8Nw>

Activity 6 : Animal world

Children will make the following using waste material

Roll No. -1 to 20 : Bird nest using paper roll /paper plate, dry leaves, etc.

Roll No -21 onwards: Model of Zoo (as shown below). Each child will make one cage with one animal using waste material like Mithai box or Shoe Box, thread, origami sheets ,colors etc.



Activity 7: Family Tree

Be Innovative -Children will make their own creative/colorful/bold family tree by drawing /pasting the pictures of their family members. (You may surf the net for different ideas)

Activity 8: Project - G 20 "One earth, One family, One future"



Children will make a scrapbook. They will paste/draw the logo of G-20 Summit on first page.

They will search for the following content on the Internet **for the countries mentioned against their Roll numbers (as shared below).** They will paste pictures and write about them in scrapbook.

- a) Flags
- b) National animal
- c) National bird
- d) National flower
- e) Famous places

Roll. Numbers -

- 1 to 4- Australia and Brazil
- 5 to 8- Canada and China
- 9 to 12- European Union and France
- 13 to 16- Germany and India
- 17 to 20 - Indonesia and Italy
- 21 to 24 - Japan and Mexico
- 25 to 28- Russia and Saudi Arabia
- 29 to 32 - South Africa and South Korea
- 33 to 36- Turkey and UK
- 37 onwards -USA and Argentina

Activity 9: Project -Unsung heroes of India

Children will paste the pictures of any 3 freedom fighters of **any one state** mentioned against their Roll numbers and write their contribution in the freedom of India on A-4 Sheet

Roll. Numbers -

- 1 to 6 -Andhra Pradesh , Arunachal Pradesh, Assam, Bihar
- 7 to 12 - Chhattisgarh , Goa, Gujarat, Haryana
- 13 to 18 - Himachal Pradesh, Jharkhand Karnataka, Kerala
- 19 to 24- Madhya Pradesh , Maharashtra, Manipur, Meghalaya
- 25 to 30-Mizoram, Nagaland, Odisha, Punjab
- 31 to 36 - Rajasthan, Sikkim, Tamil Nadu, Telangana
- 37 onwards - Tripura, Uttar Pradesh , Uttarakhand , West Bengal

NOTE FOR PARENTS:

The holiday's homework enhances achievements of your child by developing their personal skills, time management and improves family relationships. It teaches your child to work independently and improve her/his basic academic skills, such as reading, writing.

A few suggestions:

- Spend quality time with your child.
- Help your child become independent by giving them responsibilities.
- Involve them in small household activities.
- Inculcate good manners, basic etiquettes and healthy habits in your child.

