

Sweet as a berry, Summer is merry
Cool fruits and lemonade
A memory that will never fade
Vacations are always FUN
Remember not to go out in the sun!

Dear Parents,

We in our school strive to develop in children a broad range of skills, including the problem solving, interpersonal and communication skills that are essential for successful living in a rapidly changing society. We encourage children to take initiative by providing them with material, equipment and time to pursue activities they choose. Children are '*Learning Sponges*' and have their own '*Readiness Meter*'; so therefore you as parents can facilitate them in exploring their world within and around them. You can make plans and review activities with your children on daily basis.

So dear parents lead your children and guide them by organizing and planning the activities given below:

ACTIVITIES TO BE DONE BY CHILDREN WITH YOUR HELP:

Children's talk is usually related to what they are doing. Provide them with lots of play activities and actual experiences, which provide opportunities for meaningful conversation.

Let's express ourselves

ACTIVITY NO.1:(Communication Skills)

Communication skills play a pivotal role in grooming the overall personality of the children. Converse with your child preferably in English to help her / him get comfortable with the language.

- You are requested to make use of action words in your speech, like 'walking', 'sleeping', 'sitting', 'playing', 'dancing', 'eating', 'drinking' etc. Let your child also use these words in her/his speech. (e.g. I am drinking, I am playing etc.) Do not correct mistakes of your child when she/he is talking enthusiastically as this breaks the confidence.
- It is also important that your child learns to converse in English. Encourage her/him to speak full sentences
 - The child should say her/his name in a full sentence.
 - Teach the child to use short sentences e.g. - May I go to wash room.
 - Please open my tiffin box / water bottle.
 - May I drink water?
 - Please give me water.
 - Please help me etc.

- Do not translate the words for your child for e.g. 'chair' should be perceived as chair and not as 'कुर्सी'

ACTIVITY NO. 2:

"Books can be our best friends!"

"Knowledge is Power"; therefore encourage your child to cultivate the reading habit because it not only enhances the knowledge acquired but also develops the vocabulary, increases her/his attention span.

- Encourage him/her to:

- do picture reading.
- recall characters and incidents of the story.

-Let your child listen and enjoy bedtime stories from books narrated by grandparents.

-Acknowledge your child for the good deeds done and motivate not to repeat the undesirable ones.

ACTIVITY NO. 3:

Let your child watch a few T.V. channels of her / his own choice. After she / he finishes watching the program talk about it. Let your child be an active participant in the conversation.

Suggested Television Channels:

- Discovery Kids
- National Geographic
- Disney Junior

ACTIVITIES TO DO AT HOME

1. Healthy Do's –

-“A healthy mind lives in a healthy body”.

- Eat all summer fruits on regular basis: watermelon, muskmelon, mangoes etc.
- Drink plenty of water and relish juices and shakes.
- Avoid eating junk munchies such as Uncle Chips, Lays etc.

2. Fun with water:

- Encourage your child to look after the plants at home .Water them regularly.
- Ask your child to take the smell of the earth on the day it rains first during vacations.
- Let your child do splashing and pouring with water.

3. Inculcate following Life Skills in your child to help her/ him become independent:

- Buttoning her/his shirt.
- To take off and put on her/his shoe.
- Packing her/his own school bag.
- Keeping her /his belongings back in their place.
- Laying the table for dinner.
- Following table manners.
- Arranging shoes in the shoe rack.
- Eating lunch herself/ himself.
- Keep her/his surroundings neat and tidy.

4. Imbibe following Social Skills in your child:

- Greeting everyone with a smile
- Answering the phone calls with a polite “Hello!”, Also asking “May I know who is calling?”
- Sitting at the dining table with the family to eat meals.
- Speaking politely to the peer group.
- Sharing with the peers.

5. Use the following magical words with your child:



6. Encourage your child to take care of 'Personal Hygiene' by inculcating the following habits:

- Brushing teeth twice daily.
- Combing hair regularly.
- Bathing every day.
- Washing hands before and after meals.
- Trimming the nails and keeping them clean.
- Trying to wash her/his handkerchief.
- Avoid throwing trash/papers in the house. Keep your house clean and make use of a dustbin to throw the litter.
- Make use of a handkerchief/napkin to wipe her/his face.

7. To enhance the Gross Motor Skills of your child, involve her/him in any one of the following activities:

- Aerobics
- Dance
- Yoga / exercises

8. Engage your child in the following Fine Motor activities:

- Zipping and unzipping
- Buckling and unbuckling
- Opening and closing the bottle cap/tiffin lids
- Picking up and holding onto small objects
- Turning pages of a book
- Squeezing bath sponges/their own wet clothes
- Watering the plants using spray bottles
- Try to fold her/his apron and napkin.
- Scribbling on newspaper.
- Kneading the dough and clay.

Let's learn by doing -

Do the following activities with your child to enhance their thinking ability:

- Put shoes / chappals into correct pair.
- Fold the socks in pairs.
- Put clothes in the cupboard according to the people to whom they belong.
- Stack cooking utensils one inside another from the largest to smallest.

9. Everyday activities:

- Get up early in the morning and see the rising sun.
- Feel the fresh air: Take a deep breath and do breathing exercises.
- Hear the birds chirping.
- Switch off lights/ fans/ T.V when you do not require them.
- Save water by closing the taps after use.
- Keep your surroundings and environment clean.
- Do not throw anything out of the window, car or balcony.

10. Let's be creative

A) Project Work

Roll Numbers 1 to 5 - Help your child in making 3-D models of different means of transport such as Bus/ Car, Aeroplane/Helicopter, Ship/Boat and Train. For making these 3-D models child may use matchbox, soap box, toothpaste box, twigs etc.

Roll Numbers 6 to 10 - Help your child in making 3-D models of a Road scene on A-3 size pastel sheet. This may include zebra crossing, traffic lights and road signs, vehicles etc. using waste material.

Roll Numbers 11 to 15 - Help your child in making a bird feeder with waste material.

Roll Numbers 16 to 20 - Help your child in making a nest using twigs/straws/dry leaves etc.

Roll Numbers 21 to 25 - Help your child in making a 3D model of a farm scene with at least 5 domestic animals (3D animals).

Roll Number 26 onwards-Help your child in making masks of at least 3 wild animals and 3 birds.

B) Ask your child to name her/his favorite fruit or vegetable. Encourage her/him to draw one fruit and one vegetable on A-4 size sheet and fill that picture using paper tearing and pasting. Keep the sheets in a drawing file.

Note: Kindly write down the name, class and section of your child on the work being submitted by her/him.

C) Pre-Writing Skills

- Scribbling, coloring, mashing potatoes, rolling chapattis, clay molding, sand play, bursting bubble paper, tearing and pasting, pegging the clothes should be done on regular basis by your child for developing the fine motor skills.
- Complete 'Fun time Activity Time book from page No. 35 to page No. 62 (practice one page daily).
- **WORK TO BE DONE IN BROAD LINE ENGLISH NOTEBOOK:-**

Sample of the strokes that have to be done by your child have been shared with you. You are requested to help your child in doing a single stroke on a page (in broad line English notebook).For each stroke set 2 pages. Now move onto the other strokes in the similar manner.

11. Celebrate

- **World Environment Day (5th June 2023)**

Let your child sow the seeds of any one fruit (watermelon, mango, muskmelon etc.) in a pot. Water it daily and observe its growth.

- **Fathers's Day (18th June 2023)**

Let your child help you in planning an indoor picnic on Father's Day. Rearrange the furniture in your living room to create an outdoor picnic, indoors! Include Dad's favorite lunchtime, goodies and snacks. Click special moments of the day with papa as the 'Super Hero'. Father's please put this photograph as your display picture on the mobile.

- **International Yoga Day (21 June 2023)**

International Yoga Day is celebrated on 21st June every year. Encourage your child to do exercise and yoga daily to remain calm, focused and develop positive mental health.

Link is attached for your reference -

<https://youtube.com/watch?v=eCHrcq5wRY&feature=share>

12. Stories

Children love listening to stories. When you invest adequate time for doing storytelling with them, you are instilling virtues, boosting their listening skills, enhancing their communication skills. You are also fostering their imagination and increasing cultural understanding, which will, helps to sharpen their memory. Story sessions inculcate valuable lessons in children and help them learn about kindness, wisdom, honesty, compassion and more. Here are few links of the stories for your reference which you may narrate to your child.

<https://youtu.be/fs5rRnWPXJU> (The Clever Birds)

https://youtu.be/R4dBS6e2_sY (Bal Ganesh Ki Kheer)

<https://youtu.be/DktjJGQXgiY> (Sher aur chuha)

<https://youtu.be/MXRWXXj4alk> (Khargosh Aur Kachua)

<https://youtu.be/TpLhLBhFTag> (The Ant And The Dove)

Household tasks (for children)

- Help your mummy in laying the table.
- Recite Gayatri Mantra every day in the morning. Wish your parents and elders every day in the morning.
- Offer a glass of water to your Papa/Mama when he/she comes back home from office in the evening.
- Listen and enjoy bedtime stories narrated by grandparents.

SOME POINTERS

- Free play should alternate with structured games. This cultivates sportsmanship.
- Assign a permanent workplace and a work time. This brings a system and discipline into the child's life.
- Reading out from colorfully illustrated storybooks will develop their language skills.
- Inculcate good manners, healthy habits and respect for elders.
- Never compare or hurt their pride, as it will stunt their confidence.
- Spend quality time with your child. Distribute genuine encounter moments (GEMS) to your child.

Thank you parents for co-operating with us.

Class Teacher



